

計劃理念

扶助弱勢社群及促進青年向上流動是香港特別行政區政府的重點工作之一。由政務司司長擔任主席的扶貧委員會自2014年起推行「明日之星—上游獎學金」計劃，向來自基層家庭的中三至中六學生頒發5,000元獎學金，表揚他們縱使較缺乏資源／機會，仍能逆境自強，在生活和學習上展現上進心及積極正面的態度。獎學金亦可為他們提供實質的幫助。獎學金計劃每年獲得超過85%的中學參與，推行至今已令超過6,700名學生受惠。

扶貧委員會希望在「明日之星—上游獎學金」的一次性獎勵之上，為獲獎學生提供較持續支援，因此設立「明日之星—星伴同行」師友計劃，鼓勵獎學金捐助者及熱心市民擔任得獎學生的友師，希望透過個人友師分享他們的生命故事，啟發得獎學生的正面思維，擴闊他們的生活視野，陪伴學生探索生涯規劃，提升他們對自己未來的希望感，從而促進他們向上流動的能力。

計劃特色

「明日之星—星伴同行」師友計劃是一個以個人配對形式推行的師友計劃。在本計劃下，具不同背景和經驗的人士擔任「明日之星—上游獎學金」得獎學生(下稱「青年」)的個人友師，在生涯規劃、職場／學業抉擇及保持正向思維等方面為青年提供啟導和意見。

計劃由六月下旬至翌年一月推行，在此期間友師與青年需會面最少四次。在計劃完結後，友師與青年可以自行選擇是否延續師友關係。

推行日程

推行時段	計劃內容	
	友師	青年
2021年 2月至 5月	向有興趣參與的友師及青年收集遴選及配對所需資料	
	友師小組面試# 4月28日(星期三)傍晚 5月8日(星期六)日間	青年小組面試# 5月3日(星期一)日間 5月7日(星期五)日間
6月	確認參與友師及青年的名單及進行配對	
	友師服務前工作坊* 6月19日(星期六)上午 6月26日(星期六)下午	青年前期培訓* 6月19日(星期六)下午 6月26日(星期六)上午
7月	通知友師與青年遴選及配對結果	
	友師、青年及其家長為計劃的成效進行基線評估	
7月至 12月	計劃啟動禮暨友師及青年活動 7月17日(星期六)上午	
	友師與青年在六個月內進行最少四次會面	
2022年 1月	友師進階工作坊* 8月26日(星期四)傍晚 9月4日(星期六)上午	青年中期分享會* 10月23日(星期六)上午 10月30日(星期六)下午
	友師中期分享會* 11月11日(星期四)傍晚 11月20日(星期六)上午	友師總結分享會* 1月15日(星期六)上午 1月22日(星期六)下午
備註	友師總結分享會* 1月15日(星期六)上午 1月22日(星期六)下午	青年總結分享會* 1月15日(星期六)下午 1月22日(星期六)上午
	友師、青年及其家長為計劃進行成效檢討	
參加者一經取錄，必須承諾出席計劃內所有活動，並完成整個計劃。 #由大會編配指定時段 *兩節內容相同，參加者必須出席其中一節，但可自由選擇出席日期		

計劃下的不同角色

- ★ 向獎學金捐助者、社會人士及學校宣傳計劃及統籌招募工作；
- ★ 遴選及配對友師及青年；
- ★ 向參與計劃的夥伴提供適切支援；及
- ★ 為計劃提供持續監察

扶貧委員會
秘書處

青年

- ★ 就自己的生涯規劃、學業及職場抉擇以及保持正向思維等方面與友師作深入交流
- ★ 在七月至十二月期間與友師見面最少四次；
- ★ 出席青年培訓、交流及分享活動；
- ★ 在計劃的不同階段提供意見回饋；
- ★ 與家長一同參與計劃的成效檢討分析；及
- ★ 如有需要，可向支持機構作諮詢或尋求支援

- ★ 與青年分享個人經驗，協助青年探索生涯規劃，啟導青年及拓闊其視野；
- ★ 在七月至十二月期間與青年見面最少四次；
- ★ 出席友師培訓、交流及分享活動；
- ★ 與扶貧委員會秘書處及支持機構保持溝通；
- ★ 在計劃的不同階段提供意見回饋；
- ★ 參與計劃的成效檢討分析；及
- ★ 如有需要，可向支持機構作諮詢或尋求支援

友師

支持機構

- ★ 遴選及配對友師及青年；
- ★ 為友師及青年提供培訓；
- ★ 在師友計劃期間為友師及青年提供諮詢及支援服務；及
- ★ 為計劃進行成效檢討分析



Our Mission

Assisting those in need and promoting upward mobility of children and youth have all along been a key aspect of the work of the Hong Kong Special Administrative Region Government. Since 2014, the Commission on Poverty (CoP), chaired by the Chief Secretary for Administration, has been implementing the "Future Stars – Upward Mobility Scholarship", which aims to assist youths from underprivileged backgrounds, encourage them to maintain a positive attitude towards life and learning in adversities, and enhance their capacity of climbing the social ladder by way of scholarships of \$5,000.

The CoP hopes to **provide continual support** to our scholarship awardees (youths) and hence launches the "Future Stars Mentoring Programme", under which scholarship donors and individuals from all walks of the community become mentors to our youths. Mentors will be encouraged to share their life experience and make use of their network to **widen the exposure** of youths, inspire and help them with life planning, schooling and career choices, encourage them to **think positively** and **enhance their feeling of hope** for the future, thereby empowering our youths to achieve upward social mobility.



Our Programme

The "Future Stars Mentoring Programme" is a **one-on-one mentoring programme** under which mentors will be matched with scholarship awardee(s). Mentors are encouraged to provide advice and guidance to their youths, and share and exchange views with them on life planning, schooling and career choices and overcoming obstacles.

The programme runs from late June each year to January of the following year. Mentors and youths will **meet individually for at least 4 times** under the programme. Upon completion of the programme, mentors and youths may decide mutually if they would like to continue their mentor-youth relationship.



Implementation Schedule

Date	Activity	
	Mentors	Youths
Feb to May 2020	Collection of information from interested mentors and youths for matching	
	Mentors' Group Interview# Apr 28 (Wed) evening May 8 (Sat) daytime	Youths' Group Interview# May 5 (Tue) daytime May 8 (Fri) daytime
Jun	Matching of interested mentors and youths	
	Announcement of matching results to mentors and youths	
	Mentors' Pre-Service Workshop* Jun 19 (Sat) morning Jun 26 (Sat) afternoon	Youths' Training* Jun 19 (Sat) afternoon Jun 26 (Sat) morning
Jul	Mentors, youths and their parents participate in baseline impact assessment	
	Launching Ceremony cum Activities for Mentors and Youths Jul 11 (Sat) morning	
Jul to Dec	Mentors and youths will meet for at least 4 times	
	Mentors' Advanced Workshop* Aug 26 (Thurs) evening Sept 4 (Sat) morning	
	Mentors' Interim Sharing* Nov 11 (Thurs) evening Nov 20 (Sat) morning	Youths' Interim Sharing* Oct 23 (Sat) afternoon Oct 30 (Sat) morning
Jan 2022	Mentors' Final Sharing* Jan 15 (Sat) morning Jan 22 (Sat) afternoon	Youths' Final Sharing * Jan 15 (Sat) afternoon Jan 22 (Sat) morning
	Mentors, youths and their parents participate in evaluation and impact assessment for the programme	
Remarks	Once selected, participants are required to attend all relevant activities and complete the entire programme. # To be assigned by the organiser * Participants are required to attend one of two identical training sessions based on their choice of dates	



Roles and Responsibilities

- ★ Screen and match mentors and youths;
- ★ Market the programme to scholarship donors, schools and the community and co-ordinate recruitment efforts;
- ★ Provide support to participants of the programme; and
- ★ Monitor the programme on an on-going basis

CoP Secretariat

- ★ Inspire your youth with your life experience, guide them in their life planning and widen their exposure
- ★ Meet with your youth for at least four times from Jul to Dec;
- ★ Attend activity, training and sharing sessions for mentors;
- ★ Maintain communication with the CoP Secretariat and the supporting organisation
- ★ Provide feedback at various stages of the programme;
- ★ Participate in the impact assessment on the programme; and
- ★ Contact the supporting organisation for advice and support when required

Mentor

Youth

- ★ Share your thoughts with your mentor on life planning, education and career choices and overcoming obstacles etc.;
- ★ Meet with your mentor for at least four times from Jul to Dec;
- ★ Attend activity, training and sharing sessions for youths;
- ★ Provide feedback at various stages of the programme;
- ★ Participate in the impact assessment on the programme with your parent; and
- ★ Contact the supporting organisation for advice and support when required

Supporting Organisation

- ★ Screen and match mentors and youths;
- ★ Provide training to mentors and youths;
- ★ Provide advice and support to mentors and youths; and
- ★ Conduct impact assessment on the programme